

JUMP ROPE FOR HEART 2024 AT ESS



Evelyn Scott School is excited to participate in Jump Rope for Heart in 2024. This is a fantastic opportunity for learners to have fun while learning about the importance of keeping their hearts healthy. Learners will join in activities like jumping rope and playing games with friends. Even better, they can help raise money to support crucial research and education about heart disease and stroke. It's a win-win: they stay active and make a real difference!

On Friday, May 10th, students will spend a session skipping and showcasing all their fantastic skipping skills.

What we need from you!

*Click the link below to register your child to fundraise

[ESS JUMP ROPE FOR HEART 2024](#)

*Help them log their skipping to earn virtual badges

*Encourage them to skip their way to a healthier heart!

