



Evelyn  
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## Year 7 Camp Final Details

Our ESS 2024 Year 7 Camp is just around the corner and it's time to share some final details. The activities that we will be participating in are;

- Surf Education and Learn to Surf
- Pedal Cart Racing
- Goliath Swing
- Leap of Faith
- Survivor

[Please follow this link to see more details for these activities.](#) Please see below a list of what learners should bring to best appreciate their time at camp.

**FOOD** - Learners are required to bring morning tea, lunch and afternoon tea for the first day as we won't arrive into camp until 3:30pm. Please ensure they have a packed, healthy lunch in disposable bags (paper preferably) to ensure successful participation on the day. There will not be an opportunity for learners to buy food on the way. Learners should not bring any food along to eat in the cabins while at camp. If found, this food will be confiscated.

**MOBILE PHONES** - Learners can bring mobile phones or other portable devices that can be used to listen to music at their families discretion. These are to be used on the bus while travelling and then given to Ross Dennis or Marnie Lotts when we arrive at camp. Learners will be permitted to call and check in with their families for 30 mins each morning and then again for 60 mins each afternoon.

**NO PHONES OR OTHER RECORDING EQUIPMENT WILL BE PERMITTED IN CABINS.**

Learners will also not be allowed to bring phones or cameras to the activities. The teachers will take photos of them doing the activities if they wish.

**MEDICATION** - If your child has medication which they need to bring to camp, please arrive at 7am on Monday 18th March to check in with Marnie Lotts. It takes us a little bit of extra time to ensure we have all the right details regarding your child's medication details, dosage and time medicine needs to be administered. Please contact the Senior School Hub on 6142 2300 if you have any questions about this.

**BANNED ITEMS** - Vapes, alcohol, weapons and any other drugs are banned. We will immediately contact the family of any learner found to have these items and organise for that child to be returned home at the families expense.

Any final questions should be directed to Ross Dennis, [ross.dennis@ed.act.edu.au](mailto:ross.dennis@ed.act.edu.au) our camp coordinator. We are looking forward to an amazing trip.



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## Packing List

Please read this packing list ahead of camp next week. Be aware that outdoor activities may result in damage/soiling of clothing, so consider carefully what you are packing for your child.

- Wet weather gear / rain coat
- Personal Medication (this must be given to Marnie Lotts on the morning of departure)
- Hat (NOTE: hats with a hard plastic/metal button on the top cannot be worn under safety helmets)
- Jumper or Jacket (camp weather can get cool at night all year around)
- Covered shoes appropriate for extended walking (please bring 2 pairs of shoes if possible). Covered shoes must be worn for all activities other than surf education
- 3 x T-shirts or shirts that cover bellies and shoulders. Crop tops and singlets are not appropriate for the activities
- 3 x shorts/pants/tights. Ensure shorts are not too short, this can have a negative impact when wearing a harness
- 3 x pairs of socks
- Water Bottle
- Hair band to tie back long hair
- Insect Repellent

### For sleeping:

- Pyjamas
- Linen: 1 base sheet + top sheet OR a sleeping bag
- Pillow
- Bathroom towel
- Toiletries, including any required sanitary products, soap/body wash and shampoo.

### Additional items for Surf Education:

- Swimmers
- Beach Towel
- Sunglasses
- Personal sunscreen if required. We will have general sunscreen for everyone's use
- Morning tea, lunch and afternoon tea appropriate for at the beach. There will not be canteen facilities at any time.

### Extra items you might like to consider:

- Carry pack (for bush walking and carrying gear to activities)
- Plastic bag to take wet or dirty clothes home in
- Torch